

Welcome to TEMPUR®

Thank you and congratulations on choosing TEMPUR®. You have joined our growing number of owners worldwide, who enjoy the amazing comfort and pressure-relieving benefits of TEMPUR®. Nothing feels, supports or adapts to your body like our TEMPUR® foam Material. This guide includes everything you need to know about caring for and getting the best out of your TEMPUR® product.

For product specific information please visit warranty.tempur.com

When Caring for Your TEMPUR® Products

During delivery of your mattress

During shipping, the textile covers of larger items such as mattresses may move from their original position. Once you have unpacked and placed your TEMPUR® product, allow some time for the TEMPUR® foam material to warm up in the ambient air temperature. Then you can simply straighten and smooth the textile cover back into position by hand.

That 'new product' smell

Some people notice a slight odour to their new TEMPUR® product once unpacked. This is completely harmless and will disappear after a short period of use. Allow the product to air or 'breathe', preferably uncovered in a well-ventilated area before and after use to speed up this process.

About the TEMPUR® foam Material

The TEMPUR® foam Material is a pressure-relieving surface, engineered with a viscoelastic open cell structure that absorbs and evenly distributes the weight of your body for maximised comfort. The temperature-sensitive properties soften, compresses and conforms to the unique shape and weight of your body at average room temperature for personalised support. The high density of the TEMPUR® foam Material ensures maximum dimensional stability and comfort.

The TEMPUR® foam Material reacts to the thermal impact of the body. The viscoelasticity in the foam material ensures your TEMPUR® returns to its original shape after compression, with a certain built in delay. This delay varies with different temperatures. You can expect a firmer feel in cooler conditions of 18°C or less and the higher the temperature the softer your TEMPUR® will feel.

Getting Used to The Feel

If your previous mattress or pillow used more traditional methods of support such as springs, feathers and/or fiber, it is likely your TEMPUR® products will initially feel different. The unique pressure-relieving properties of the TEMPUR® foam Material, can take some time for the body to adjust and get used to.

The break-in period TEMPUR®

MATTRESS

The more time you spend on or in bed: resting, reading or watching TV, the better. The extra movement will help the cells in the TEMPUR® foam Material to open. As they open, the cells

'breathe' and respond more rapidly to weight and temperature, but they will return to their original shape. To the user it may feel like the mattress is getting softer, but in fact there is no change to the pressure- relieving properties of your product.

No Need to Flip

Advances in TEMPUR® technology have resulted in keeping maintenance to a minimum. Each mattress model has a build-up of multiple layers, so you sleep on the top side only. To prolong the life of our products, from time to time you can rotate your mattress head to foot.

TEMPUR® PILLOWS

- During the first 2-3 weeks of ownership, it can help to use the pillow as a cushion during the day to improve the support and pressure-relieving benefits delivered when you are sleeping.
- Shake and massage the pillow to get the filling evenly back in place after use (for pillows filled with TEMPUR® foam material granulates).

Moving, transport, storage and disposal

- Unless otherwise stated TEMPUR® products should NOT be bent or pressed out of their original shape, as you risk damaging the foam material and losing all the properties and benefits it brings.
- Due to the nature of the foam material in TEMPUR® products it can become slightly compressed during transportation or storage. This is expected, the product will return to its normal size after a short time in room temperature.
- Do not unroll a TEMPUR® mattress Topper when it is cold, as you will be at risk of tearing or cracking the foam material. Allow the TEMPUR® mattress Toppers to adjust to room temperature before unrolling.
- TEMPUR® products should be stored in their original shape.
Exempt from this is the TEMPUR® Travel Pillow, which may be transported rolled in the bag supplied (the bag should only be used when travelling to avoid permanent deformation of the pillow).
- TEMPUR® Mattresses must be stored flat, ideally in the original packaging.
- TEMPUR® mattress Toppers can be stored either rolled up or stored flat.
- TEMPUR® products should be stored in a dry environment (maximum 65% relative humidity).
- For disposal of your used product please refer to the local authority within your country market.

Symbols

The following symbols are used on product, packaging or in this manual.

Manufacturer 	Manufacturing date 	Lot number 	CE marked as class I in medical devices 
---	---	---	--

			accordance with the requirements of MDR (EU) 2017/745
Medical device 	Product orientation  ↑UP printed on mattress foam cores	Consult Instructions  for Use	Item has a presence of  natural rubber latex as a material of construction within the product
Avoid open flame 	Humidity limit 	Keep dry 	Recommended max  user weight

CE marking

Many Tempur products are classified as Medical Device, class I and CE marked in accordance with MDR (EU) 2017/745.

Please check the product label placed inside the textile cover to see if the product you have purchased is CE marked.

The intended use of the CE marked products is to prevent or reduce the risk of developing pressure ulcers in adults. This effect is obtained through the pressure redistributing properties of the TEMPUR® foam material.

The CE marked products are intended for home care. It is important that immobilized users are repositioned on a regular basis.

The CE marked TEMPUR® mattresses and mattress toppers are suitable for weights up to 150 kg.

In case of a serious incident with the product, the manufacturer and competent authority in the user's home country must be informed.

To report an incident to the manufacturer please report the incident as a warranty complaint by following the instructions specified in the "warranty" section of this manual.

Please note additional instructions for use

Warnings and precautions

The following symbol and text will be used to draw your attention to possible dangerous and undesirable situations. Please be aware that failure to comply with these instructions may result in critical injuries or damage to the product.

	WARNING	Be aware of situations or practices that may cause death or critical injuries
	CAUTION	Be aware of situations or practices that may cause moderate or minor injuries
	IMPORTANT	Be aware of situations or practices that could result in damage to the product or other property

 Warning: Do not leave infants, young children or the elderly unattended on the mattress or pillow if they can't easily turn over by themselves.

 Warning: It is important that immobilized users are repositioned on a regular basis. Carelessness causes fire – we strongly recommend not to smoke in bed or while using the products.

 Warning: Risk of fire: keep products away from open flames

 Caution: Do not use bed pads on TEMPUR® mattresses or mattress toppers, as they can reduce the pressure-relieving properties. To secure optimum support we suggest using a sheet directly on the mattress

 Caution: Please note TEMPUR® foam Material works best in response to the natural warmth of the user, therefore an electric blanket and/or hot water bottle is not recommended. The heat from an electric blanket will temporarily offset the temperature sensitivity in the TEMPUR® foam Material. However, if the user would still prefer to use an electric blanket, we suggest doing so over a separate sheet and avoiding direct contact with the TEMPUR® foam Material.

- IMPORTANT: Always follow the instruction for use from the supplier of the electrical blanket.
- IMPORTANT: If your hot water bottle should develop a leak which wets, stains or damages your mattress it will invalidate your warranty.

IMPORTANT:

- TEMPUR® mattresses must always be placed on a ventilated base, e.g. springs or slats to prevent moisture from accumulating in the mattress.
- Do not use a TEMPUR® pillow with wet hair, as the foam material will get damaged
- Do not unroll a TEMPUR® mattress Topper when it is cold, as you will be at risk of tearing or cracking the foam material. Allow the TEMPUR® mattress Toppers to adjust to room temperature before unrolling.
- Do not fold, bend or press your TEMPUR® product into shape as there is risk of damaging the foam material
- Do not alter or repair your product – it will invalidate your warranty.

Cleaning and maintenance

- Most textile covers can be removed and washed. Please follow the specific cleaning instruction for your product on the product label located inside the textile cover.

- Special textile covers which contain TEMPUR® foam material that cannot be washed or dry cleaned, can easily be removed for airing and brushing.

TEMPUR® Down Luxe Pillow:

- Remove foam bag with TEMPUR® foam material granulate before washing the down cover.
- Use enzyme free laundry detergent for the down cover and tumble dry with a couple of dryer balls (or clean tennis balls) to avoid downs clumping and to ensure the downs dry evenly.
- Do not use fabric softener on the down cover.
- The down cover must be completely dry before use or storage.
- Tip: Weigh the Down Luxe Pillow cover (without the foam bag) before washing. Tumbledry the cover after wash until the cover has the same weight as before wash. Then you know that the down cover is completely dry.

IMPORTANT:

- Do not wash the TEMPUR® foam material.
Exempt from this is the TEMPUR® EasyClean Pillow, which can be washed (follow the specific cleaning instructions on the product label inside the textile cover of this pillow).
- Do not steam-clean or dry-clean the TEMPUR® foam material.

IMPORTANT

- The TEMPUR® products must be regularly ventilated to remove moisture.



Caution: After washing the textile cover please ensure mattress textile cover is replaced according to the orientation printed on the side of the mattress foam core. The TEMPUR® foam material that provides maximized comfort and pressure relief is only on the top-side of the core.



Caution: After washing the textile covers of seating products or cushions with layers of foam please be aware of the orientation of the foam core when products are being re-assembled. The TEMPUR® foam material that provides maximized comfort and pressure relief is only on the top-side of the core.

Technical Product information

- Certain TEMPUR® products have a non-slip coating on the underside. This coating ensures that the product does not slide when in use.
- TEMPUR® products are available in several different sizes as well as custom sizes. Product weight depends on product size. Further information is available upon request.
- Constituent materials – see product label, which is located inside the textile cover.

Latex

Certain TEMPUR® products are manufactured of layers of foam with the TEMPUR® foam material on top and with an adhesive that contains latex between the layers. Please check the product label inside the textile cover to see if the product you have purchased contain latex. The TEMPUR® foam material and the textile cover do not contain latex

Fire safety standards



Warning: Risk of fire: keep products away from open flames

TEMPUR® product	Fire safety
Mattresses, mattress toppers	EN 597-1 (Cigarette Test)
Mattresses, mattress toppers (fire retardant versions)	BS 7177 Low Hazard - (DS/EN 597-1 (cigarette) DS/EN 597-2 (Match) BS 5852 (Crib V) on foam
Pillows, cushions and positioning products (moulded and granulated filling)	EN/ISO 12952-1 (Cigarette test)
Pillows, cushions and positioning products, moulded (fire retardant versions)	(EN/ISO 12952-1 (Cigarette test) EN/ISO 12952-2 (Match) BS 5852 (Crib V) on foam
Pillows, cushions and positioning products with granulated filling (fire retardant versions)	EN/ISO 12952-1 (Cigarette test) EN/ISO 12952-2 (Match) BS 5852 (source 2) on foam
Down Luxe Pillow (fire retardant versions)	BS 5852 (source 2) on foam crumbs BS 5852 (source 2) on downs

Manufacturer



Dan-Foam ApS
Holmelund 43
5560 Aarup
Denmark

*Dan-Foam ApS is a subsidiary of TEMPURSealy International, Inc